

We all do things we regret. We hurt our family, our friends, the lady in the supermarket.

We hurt God too.

We often blame other people. Perhaps our parents brought us up badly, or that person had it coming.

But if we are honest, we know it's our fault.

There is no one to blame but ourselves.

It's tempting just to ignore the wrong we do.

Ignoring our guilt is like hiding the gas bill in a drawer and hoping it will go away. One day the bill will have to be paid, one day the issue of guilt will be addressed by God.

Not resolving this issue has terrible eternal consequences. The Bible says:

*"Everything is uncovered and laid bare before the eyes of him to whom we must give account."* Hebrews 4:13.

We must sort this out for ourselves, resolve to do better in the future. But we can't: our best is never quite good enough and we always end up in the same old mess. Things seem pretty bleak.

But there is good news this Easter. God has already settled the issue for us. Though He knows all our faults. He loved us so much that He sent His Son to do what we couldn't do. Jesus Christ did nothing wrong, but took all our guilt on Himself, and was tortured and died for us

When we realise there's nothing we can do, and accept in faith the work He has done, God gives us the peace we long for. God says

*"I will forgive their wickedness and will remember their sins no more"* Jeremiah 31:34.

Better still, Jesus rose from the dead. His resurrection is a guarantee of the new life He offers. Life led the way it was meant to be. And when that life is done, He has a place prepared for us in Heaven.

**This Easter, you can try to ignore your guilt, or you can turn it over to Jesus and have the fresh start only He can offer.**

