

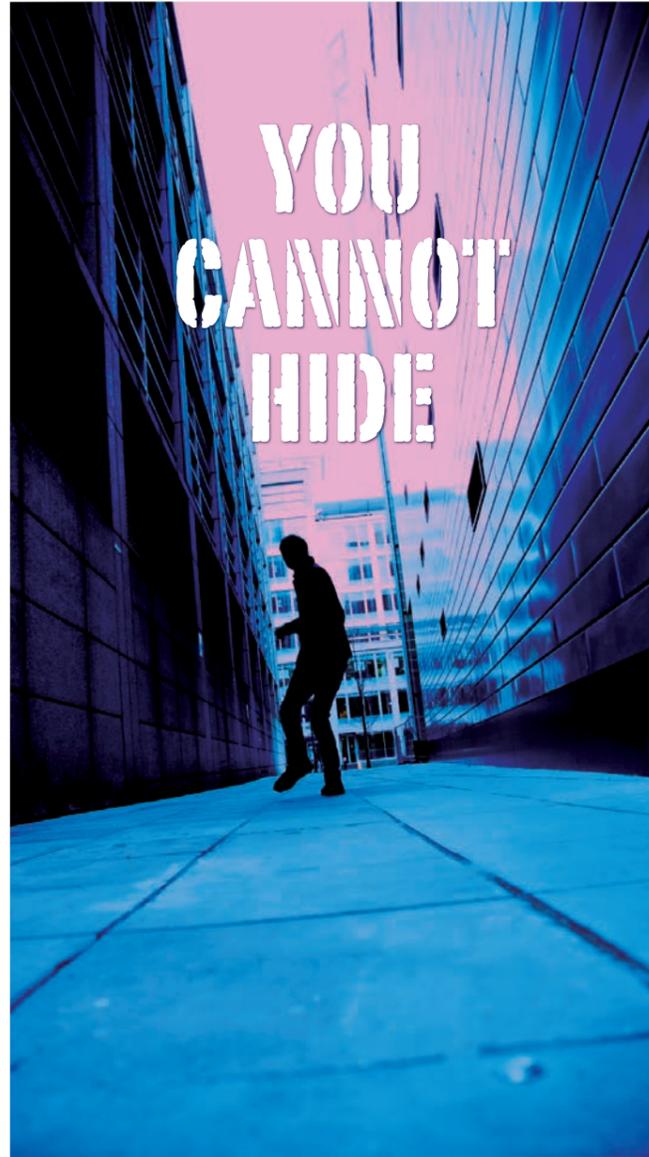
References in the leaflet are from the Bible:

1. Jonah chapter 1 verse 17
2. Psalm chapter 139 verse 8
3. John chapter 10 verse 28
4. John chapter 14 verses 1, 6
5. Romans chapter 14 verses 11-12

For further help contact:

Hayes Press, The Barn, Swindon SN4 8DY  
Tel: 0845 330 6745 e: [info@hayespress.org](mailto:info@hayespress.org)  
[www.hayespress.org](http://www.hayespress.org)

998



## "You can run, but you cannot hide."

The former US boxer and World Heavyweight Champion Joe Louis famously said to one of his more agile competitors, "You can run, but you cannot hide", and many have quoted his words of warning to an elusive adversary.

As we look around, people seem to be running in many directions. Sadly, in many countries people are running to try to escape conflict. Some others are constantly running to achieve their ambitions. Many rush around the world to see new sights and to experience different cultures. Still others rush to fill their lives with pleasure and too many run to drugs or drink to compensate for life's boredom.

And you? Where are you running to? And will you find the peace and true happiness you are longing for when you get there?

Many people know about the man in the Bible called Jonah who was swallowed by a big fish, but not many know the whole story: Jonah was trying to run away from God and the fish was God's way to show Jonah that He knew exactly where he was!<sup>1</sup>

Jonah was just like so many people today who are avoiding God and running away from Him, but don't realise that God cannot be avoided. The Bible makes it clear that God knows where you are – wherever you are!

*"If I go up to the heavens, you are there;  
if I make my bed in the depths, you are there."*<sup>2</sup>

You may never have thought of yourself as running away from God. But every time you ignore Him; every time you reject Him; every time you disbelieve Him – you are running away from Him. And if you're running away from God, where are you running to? Who are you running to?

Don't run away from God – run towards Him. And when you make that choice, listen to what Jesus Christ says, because whoever listens to Him is listening to God and whoever believes in Him believes in God.

When you stop running and decide to put your trust in Him, Jesus Christ brings you forgiveness; He brings you lasting peace and happiness – which does not depend upon the fleeting pleasures of life; He brings you the assurance of eternal life to enjoy now and after death: He said,

*"I give them eternal life, and they shall never perish;"<sup>3</sup> and "Do not let your hearts be troubled. Trust in God; trust also in me ... I am the way and the truth and the life. No-one comes to the Father except through me."<sup>4</sup>*

You will face God<sup>5</sup> – either as your Judge or as your Saviour. To face Him as your Saviour with the assurance of eternal life, you must repent and trust in His Son, Jesus Christ, who died to save you from God's righteous judgement for your sin.

Then there's no need to run and no need to hide.